



January, 2010

Dear MTS Pension Plan Member,

MTS Allstream recently announced the introduction of a defined contribution pension plan (the "MTS DC Plan") for new hires in Manitoba starting January 1, 2010. In addition, current active employees participating in the Manitoba Telecom Services Inc. and Participating Subsidiaries Employee Pension Plan (the "MTS DB Plan") have the option to join the MTS DC Plan during an initial enrollment period or during an annual enrollment period prior to January 1st of each year.

As a retired member of the MTS DB Plan the introduction of the MTS DC Plan has no affect on your monthly pension benefit. You will continue to receive your retirement benefits from the MTS DB Plan as you always have. It is the Company's responsibility to ensure your pension benefits are secure, and this is a responsibility the Company takes very seriously.

If you have any questions, please contact MTS Allstream Benefits Administration at 941-7347 or 1-800-635-4973 or e-mail: mtspensionplan@mtsallstream.com

Sincerely,

Brenda McInnes
Plan Administrator